



+5 g Ω
OMEGAS
3, 6, 9
FROM INKA NUT

0% TRANS FAT
0%
CHOLESTEROL
100% NATURAL

YUCCA, PLANTAIN & SWEET POTATO

S n a c k s

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S n a c k s



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OMEGAS
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FROM INKA NUT

Nutrition Facts / Datos Nutricionales	
Serving Size / Tamaño por Ración 1.1 oz (30.8g)	
Serving Per Container / Raciones por Envase: 3.2	
Amount Per Serving / Cantidad por Ración	
Calories/Calorías	165 Fat cal./ Calorías de Grasa 86
%Daily Value/%Valor Diario*	
Total Fat/Grasa Total	9.5 g 14%
Saturated Fat/Grasa Saturada	1.4g 7%
Trans Fat/Grasa Trans	0 g
Polyunsaturated fat/Grasa Poliinsaturada	5g
Monounsaturated fat/Grasa Monoinsaturada	3.14g
Cholesterol/Colesterol	0mg 0%
Sodium/Sodio	100mg 4%
Total Carbohydrate/Total Carb	18.2 g 6%
Dietary Fiber/Fibra Dietética	1.64g 5%
Sugars/Azúcares	0g
Protein/Proteína	1.7g
Vitamin A/Vitamin A	0% • Vitamin C/Vitamin C 9%
Calcium/Calcium	0% • Iron/Hierro 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat	9 • Carbohydrates 4 • Protein 4



PLANTAIN CHIPS

LIGHTLY SALTED

PLATANO SALADO

Ingredients / Ingredientes:

Plantain (green Banana) / Plátanos (bananas Verdes), Vegetable Oil / Aceite Vegetal, Inka Nut Or Sacha Inchi / Sacha Inchi salt / Sal.

Net WT / Contenido:

3.5 oz (100 g)



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Nutrition Facts / Datos Nutricionales	
Serving Size / Tamaño por Ración 1.1 oz (30.8g)	
Serving Per Container / Raciones por Envase: 3.2	
Amount Per Serving / Cantidad por Ración	
Calories/Calorías	165 Fat cal./ Calorías de Grasa 86
%Daily Value/%Valor Diario*	
Total Fat/Grasa Total	9.5 g 14%
Saturated Fat/Grasa Saturada	1.4g 7%
Trans Fat/Grasa Trans	0 g
Polyunsaturated fat/Grasa Poliinsaturada	5g
Monounsaturated fat/Grasa Monoinsaturada	3.14g
Cholesterol/Colesterol	0mg 0%
Sodium/Sodio	250mg 10%
Total Carbohydrate/Total Carb	18.2 g 6%
Dietary Fiber/Fibra Dietética	1.64g 5%
Sugars/Azúcares	0g
Protein/Proteína	1.7g
Vitamin A/Vitamin A	0% • Vitamin C/Vitamin C 9%
Calcium/Calcium	0% • Iron/Hierro 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4



PLANTAIN CHIPS

JUNGLE CHILI

PLATANO CON AJÍ

Ingredients / Ingredientes:

Plantain (green Banana) / Plátanos (bananas Verdes),
Vegetable Oil / Aceite Vegetal, Inka Nut Or Sacha Inchi / Sacha Inchi,
Salt / Sal, Garlic Powder / Ajo En Polvo, Onion Powder / Cebolla En Polvo,
Jungle Chili Pepper Powder / Ají Tropical En Polvo, Maltodextrin / Maltodextrina.

Net WT / Contenido:

3.5 oz (100 g)



S n a c k s



+5 g Ω
OMEGAS
3, 6, 9
FROM INKA NUT

Nutrition Facts / Datos Nutricionales

Serving Size / Tamaño por Ración 1.1 oz (28 g)
Serving Per Container / Raciones por Envase: 3.2

Amount Per Serving / Cantidad por Ración
Calories/Calorías 165 Fat cal./ Calorías de Grasa 86

%Daily Value/%Valor Diario*

Total Fat/Grasa Total	9.5 g	14%
Saturated Fat/Grasa Saturada	1.4g	7%
Trans Fat/Grasa trans	0 g	
Polyunsaturated fat/Grasa Poliinsaturada	5g	
Monounsaturated fat/Grasa Monoinsaturada	3.14g	

Cholesterol/Colesterol 0mg **0%**

Sodium/Sodio 29.5mg **1%**

Total Carbohydrate/Total Carb 18.2 g **6%**

Dietary Fiber/Fibra Dietética 1.64g **5%**

Sugars/Azúcares 7g

Protein/Proteína 1.7g

Vitamin A/Vitamin A 6% • Vitamin C/Vitamin C 4%

Calcium/Calcium 0% • Iron/Hierro 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

PLANTAIN CHIPS

NATURALLY SWEET

PLATANO DULCE

Ingredients / Ingredientes:

Ripe Plantain (ripe Banana) / Plátanos Maduros (bananas Maduras),
Vegetable Oil / Aceite Vegetal,
Inka Nut Or Sacha Inchi / Sacha Inchi.

Net WT / Contenido:

3.5 oz (100 g)



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Nutrition Facts / Datos Nutricionales	
Serving Size / Tamaño por Ración 1 oz (28 g)	
Serving Per Container / Raciones por Envase: 3.5	
Amount Per Serving / Cantidad por Ración	
Calories/Calorías	128 Fat cal./ Calorías de Grasa 58
%Daily Value/%Valor Diario*	
Total Fat/Grasa Total 6.5 g	10%
Saturated Fat/Grasa Saturada 1.7g	8.5%
Trans Fat/Grasa trans 0 g	0%
Polyunsaturated fat/Grasa Poliinsaturada 2.67g	
Monounsaturated fat/Grasa Monoinsaturada 2g	
Sodium/Sodio 124.3 mg	5.2%
Cholesterol/Colesterol 0mg	0%
Total Carbohydrate/Total Carb 16.4 g	5.5%
Dietary Fiber/Fibra Dietética 0.2g	1%
Sugars/Azúcares 0g	
Protein/Proteína 1g	
Vitamin A/Vitamin A 0% • Vitamin C/Vitamin C 10%	
Calcium/Calcium 0% • Iron/Hierro 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrates 4 • Protein 4

YUCCA CHIPS

LIGHTLY SALTED

YUCA SALADA

Ingredients / Ingredientes:

Yucca / Yuca, Vegetable Oil / Aceite Vegetal,
Inka Nut Or Sacha Inchi / Sacha Inchi, Salt / Sal.

Net WT / Contenido:

3.5 oz (100 g)



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OMEGAS
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Nutrition Facts / Datos Nutricionales	
Serving Size / Tamaño por Ración 1 oz (28 g)	
Serving Per Container / Raciones por Envase: 3.5	
Amount Per Serving / Cantidad por Ración	
Calories/Calorías	128 Fat cal./ Calorías de Grasa 58
%Daily Value/%Valor Diario*	
Total Fat/Grasa Total 6.5 g	10%
Saturated Fat/Grasa Saturada 1.7g	8.5%
Trans Fat/Grasa trans 0 g	0%
Polyunsaturated fat/Grasa Poliinsaturada 2.67g	
Monounsaturated fat/Grasa Monoinsaturada 2g	
Sodium/Sodio 248.6 mg	10.4%
Cholesterol/Colesterol 0mg	0%
Total Carbohydrate/Total Carb 16.4 g	5.5%
Dietary Fiber/Fibra Dietética 0.2g	1%
Sugars/Azúcares 0g	
Protein/Proteína 1g	
Vitamin A/Vitamin A 0%	Vitamin C/Vitamin C 10%
Calcium/Calcium 0%	Iron/Hierro 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

YUCCA CHIPS

JUNGLE CHILI

YUCA PICANTE

Ingredients / Ingredientes:

Yucca / Yuca , Vegetable Oil / Aceite Vegetal, Inka Nut Or Sacha Inchi / Sacha Inchi, Salt / Sal, Garlic Powder / Ajo En Polvo , Onion Powder / Cebolla En Polvo, Jungle Chili Pepper Powder / Ají Tropical En Polvo, Maltodextrin / Maltodextrina.

Net WT / Contenido:

3.5 oz (100 g)



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3, 6, 9
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Nutrition Facts / Datos Nutricionales	
Serving Size / Tamaño por Ración 1 oz (28 g)	
Serving Per Container / Raciones por Envase: 3.5	
Amount Per Serving / Cantidad por Ración	
Calories/Calorías	153 Fat cal./Calorías de Grasa 84
%Daily Value/%Valor Diario*	
Total Fat/Grasa Total 9.3 g	14%
Saturated Fat/Grasa Saturada 4g	20%
Trans Fat/Grasa Trans 0 g	
Polyunsaturated fat/Grasa Poliinsaturada 3.16g	
Monounsaturated fat/Grasa Monoinsaturada 2.14g	
Cholesterol/Colesterol 0mg	0%
Sodium/Sodio 150 mg	6.3%
Total Carbohydrate/Total Carb 16 g	6%
Dietary Fiber/Fibra Dietética 2.4g	9.5%
Sugars/Azúcares 5.12g	
Protein/Proteína 1.3g	
Vitamin A/Vitamin A 2%	Vitamin C/Vitamin C 2%
Calcium/Calcium 0%	Iron/Hierro 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

SWEET POTATO CHIPS

**NATURALLY SWEET
CAMOTE**

Ingredients / Ingredientes:

Sweet Potato / Camote,
Vegetable Oil / Aceite Vegetal,
Inka Nut Or Sacha Inchi / Sacha Inchi.

Net WT / Contenido:
3.5 oz (100 g)